



## Fighting talk from Elsie!

INSPIRED by Britain's Olympic gold in women's boxing, Elsie Carolin signed up for a charity bout but as the only female to enter the competition so far, she has thrown down the gauntlet to would-be opponents.

Elsie, a patent administrator with Cardiff patent and trademark attorneys Chapman Molony, starts training this month for the Fight Club event at the Vale Resort on Friday, November 16.

Organised by Elite Fitness in Fairwater, the white collar tournament will raise money for Ty Hafan children's hospice. Those who sign up will get 10 weeks' professional training, sparring sessions and a complete fitness programme.

"I had been following Nicola Adams' progress since the last Olympics and was really delighted when she won gold this time in what is widely regarded as a male-dominated sport," said Elsie, a South African who came to Britain nine years ago and lives in Taffs Well with her accountant husband James.

Elsie took up kick boxing in 2006 to keep fit and soon became more competitive.

"As a boxer when he was younger, James frowns on women boxing, but is supportive now he sees how determined I am," she said. "But my daughter, Chenal, pushed me into signing up. I'm challenging any like-minded woman to take me on to raise money for this very worthwhile cause. I hope somebody responds – I can't think of anything more disappointing than training hard for 10 weeks and then not finding an opponent."

■ Boxer Elsie Carolin, left, has signed up for a charity bout but so far is the only female to enter the competition